

Jeff City Road Runners

We Run This Town.

August 2018 Newsletter

President – John Weghorst

Treasurer – Stuart Huddleston

Vice President – Nicholas Wagner

Newsletter – Gary Fogelbach

Website: <http://www.runjeffcity.org> –

Karen Wisch – karen@runjeffcity.org



JCRR Race Series 2018

Sept 15, 2018	Ozark Ham and Turkey Festival 5K	California, MO
Nov 22, 2018	Thanksgiving Day Pie Run 5K, 10K and 5K Walk	North Jefferson City

Please follow the links on the [JCRR Race Calendar](#) for more information on other races in the area.

Greenway Trail Connector Now Open!

The Jefferson City Greenway trail now extends from the Greenway parking lot on West Edgewood Drive (the start of Kyle's Summer Classic 5K) over to Frog Hollow Road / Creek Trail Drive. This takes the Greenway *under* Highway 179. The Greenway sidewalk ends on Creek Trail Drive at Phillips & Co. driveway. At this point, you will need to get on to Creek Trail Drive to get back to West Edgewood Drive and the Greenway.

This is a long awaited addition to the Greenway system, as runners, walkers and bikers no longer need to cross Highway 179 at West Edgewood Drive. To use the connector heading West, you will need to cross West Edgewood Drive at Creek Trail Drive.

Distance	Miles
From W. Edgewood Dr. to the sidewalk at Phillips & Co driveway	.39
Start of sidewalk to bridge at Greenway parking lot on W. Edgewood Dr.	.76
Total Distance from W. Edgewood to bridge at Greenway parking lot on W. Edgewood Dr.	1.15

Thanks to Jefferson City Parks and Rec for completing this connector!

Here is an entertaining short video on trail etiquette and safety from the City of Fayetteville, Arkansas web page. <https://www.fayetteville-ar.gov/496/Trails-Greenways>

Please be careful and considerate of other Greenway and trail users.

Firecracker Mile
 West Edgewood Drive, Jefferson City
 July 4, 2018

Place	Name	Age	M/F	Time
1.	Chris Barrigar	47	M	4:57
2.	Adam McCauley	17	M	4:59
3.	Marc Keys	55	M	5:23
4.	Brock Schofield	13	M	5:32
5.	Chris Will	35	M	5:54
6.	John Reinkemeyer	59	M	5:58
7.	Julie Miller	52	F	6:35
8.	Brenda Morris	50	F	6:36
9.	Chris Winters	49	M	6:43
10.	Michael Groene	10	M	6:49
11.	Matt Schofield	41	M	6:49
12.	Weston Schofield	10	M	6:53
13.	Kathy Frese	50	F	6:58
14.	Valeriy Kalugin	59	M	7:18
15.	Stuart Huddleston	63	M	7:26
16.	John Conrad	49	M	7:35
17.	Daniel Vogeli	37	M	7:52
18.	Nolan Schulte	8	M	8:02
19.	Brian Schulte	35	M	8:03
20.	Barbara Huddleston	63	F	8:14
21.	Susan Conrad	47	F	8:19
22.	Elaine Foster	66	F	8:47
23.	Venny Groene	66	F	8:48
24.	Stacy Bockelman	56	F	9:10
25.	Dana Schofield	43	F	9:17
26.	Leah Stock	24	F	9:23
27.	Kevin Stock	56	M	9:24
28.	Katie Leigh	43	F	9:30
29.	Richard Carlson	76	M	10:09
30.	Julia Frese	21	F	10:20
31.	Ginger Schroer	51	F	10:23
32.	Dottie Ruetters	58	F	10:23
33.	Nichole Voegeli	36	F	10:38
34.	Alicia Jenkins	45	F	10:55
35.	Angelette Prichett	47	F	11:28
36.	Dayna Depue	10	F	11:33
37.	Alex Stafford	9	M	11:54
38.	Eli Stafford	7	M	11:54
39.	Christina Depue	34	F	12:51
40.	Kateryna Kalugina	52	F	15:00
41.	Kassana Ferrell	5	F	15:00
42.	Leasa Weghorst	51	F	15:00
43.	James Prenger	5	M	15:21
44.	Mikala Prenger	7	F	15:22
45.	Jeremy Prenger	38	M	16:01
46.	Ben Conrad	11	M	16:04
47.	Khaira Ferrell	4	F	21:08
48.	Barbara Fisher	66	F	21:20
49.	Martha Rutan	39	F	21:20

Note: Clock malfunction. Times adjusted based on timing watch of one of the participants.

Kyle's Summer Classic 5K
West Edgewood Drive, Jefferson City
July 21, 2018

Place Overall	Bib #	Name	Age	M/F	Division	Time	Age Group Place
1.	93	Brendan Bena	19	M	Run	16:43	1st OA Run M
2.	105	William Stolz	46	M	Run	18:15	1 Run M 40-49
3.	98	Tommy Roehl	14	M	Run	18:35	1 Run M 13-16
4.	106	Marc Keys	55	M	Run	18:56	1 Run M 50-59
5.	99	Patrick Malone	16	M	Run	19:05	2 Run M 13-16
6.	73	Nicholas Wagner	37	M	Run	19:13	1 Run M 30-39
7.	71	Braden Voss	14	M	Run	19:30	3 Run M 13-16
8.	97	Will Roehl	16	M	Run	19:30	4 Run M 13-16
9.	110	Alexa Lamb	14	F	Run	19:55	1st OA Run F
10.	28	Gerald Holtmeyer	59	M	Run	20:24	2 Run M 50-59
11.	60	Laura Glavin	36	F	Run	20:34	1 Run F 30-39
12.	59	Toby Glavin	38	M	Run	20:42	2 Run M 30-39
13.	70	Nathan Voss	40	M	Run	20:44	2 Run M 40-49
14.	43	Nathan Hinrichs	14	M	Run	20:45	5 Run M 13-16
15.	101	Ethan Demarest	14	M	Run	20:48	6 Run M 13-16
16.	132	Eleazar Antonio	45	M	Run	21:30	3 Run M 40-49
17.	69	Colin Voss	13	M	Run	21:37	7 Run M 13-16
18.	76	Samuel Kiekhaefer	26	M	Run	21:41	1 Run M 21-29
19.	79	Matt Kraske	28	M	Run	22:25	2 Run M 21-29
20.	126	Craig Husting	53	M	Run	22:40	3 Run M 50-59
21.	67	Jimmy Knoll	15	M	Run	22:41	8 Run M 13-16
22.	109	Mike Maupin	62	M	Run	23:06	1 Run M 60+
23.	107	Dan Case	43	M	Run	23:18	4 Run M 40-49
24.	116	Cody Luebbering	33	M	Run	23:22	3 Run M 30-39
25.	63	Henry Stier	15	M	Run	23:48	9 Run M 13-16
26.	117	Terra Luebbering	31	F	Run	23:49	2 Run F 30-39
27.	122	Payton Vogt	15	M	Run	23:49	10 Run M 13-16
28.	20	Carrington Stilahower	14	F	Run	23:52	1 Run F 13-16
29.	32	Brenda Morris	50	F	Run	23:53	1 Run F 50-59
30.	52	Ellie Plume	14	F	Run	24:00	2 Run F 13-16
31.	7	Kathleen Frese	50	F	Run	24:08	2 Run F 50-59
32.	66	Sandy Hentges	50	F	Run	24:55	3 Run F 50-59
33.	74	Mark Kiekhaefer	61	M	Run	24:59	2 Run M 60+
34.	75	Marie Kiekhaefer	28	F	Run	25:11	1 Run F 21-29
35.	30	Stuart Huddleston	63	M	Run	25:43	3 Run M 60+
36.	119	Guy Krause	53	M	Run	25:53	4 Run M 50-59
37.	96	Madalyn Berkey	15	F	Run	26:07	3 Run F 13-16
38.	64	Collin Bridges	14	M	Run	26:26	11 Run M 13-16
39.	115	Ryan Padberg	15	M	Run	26:30	12 Run M 13-16
40.	124	Dan Keilholz	35	M	Run	26:35	4 Run M 30-39
41.	102	Randy Stelle	60	M	Run	27:15	4 Run M 60+
42.	35	John Smallwood	52	M	Run	27:18	5 Run M 50-59
43.	9	Bill Gerling	74	M	Run	28:02	5 Run M 60+
44.	18	Jeff Maynard	61	M	Run	28:13	6 Run M 60+
45.	49	Valeriy Kalugin	59	M	Run	28:18	6 Run M 50-59
46.	92	Dawson Payne	19	M	Run	28:35	1 Run M 17-20
47.	100	Cheresa Stelle	59	F	Run	28:48	4 Run F 50-59
48.	26	Dennis Harden	58	M	Run	28:52	7 Run M 50-59
49.	29	Barbara Huddleston	63	F	Run	29:13	1 Run F 60+
50.	6	Ron Haines	59	M	Run	29:22	8 Run M 50-59
51.	121	Tyler Sanders	20	M	Run	29:43	2 Run M 17-20
52.	68	Brian Price	61	M	Run	29:53	7 Run M 60+
53.	120	Matt Sanders	47	M	Run	30:33	5 Run M 40-49

Kyle's Summer Classic 5K
 West Edgewood Drive, Jefferson City
 July 21, 2018

Place Overall	Bib #	Name	Age	M/F	Division	Time	Age Group Place
54.	38	Elaine Foster	66	F	Run	30:55	2 Run F 60+
55.	139	Kenny Nicklas	65	M	Run	31:21	8 Run M 60+
56.	138	Brandon Nicklas	48	M	Run	31:21	6 Run M 40-49
57.	24	Richard Carlson	76	M	Run	31:32	9 Run M 60+
58.	65	Christopher Hawf	65	M	Run	31:43	10 Run M 60+
59.	84	Venny Groene	66	F	Run	31:48	3 Run F 60+
60.	103	Brenna Schulte	9	F	Run	31:57	1 Run F 01-12
61.	104	David Schulte	49	M	Run	31:59	7 Run M 40-49
62.	114	Josette Schulte	46	F	Run	32:01	1 Run F 40-49
63.	37	Stavya Bhaumik	8	M	Run	33:13	1 Run M 01-12
64.	113	Teresa Kennison	53	F	Run	33:22	5 Run F 50-59
65.	83	Gabrielle Berry	23	F	Run	33:40	2 Run F 21-29
66.	94	Sharon Shaefer	65	F	Run	33:54	4 Run F 60+
67.	54	Dottie Ruetters	58	F	Run	35:51	6 Run F 50-59
68.	40	Halley Hagedorn	13	F	Run	36:49	4 Run F 13-16
69.	39	George Hagedorn	64	M	Run	36:50	11 Run M 60+
70.	13	Kevin Jungmeyer	60	M	Run	39:07	12 Run M 60+
71.	14	Devin Jungmeyer	20	M	Run	39:07	3 Run M 17-20
72.	15	Bill LePage	62	M	Run	39:56	13 Run M 60+
73.	42	Mark Hinrichs	57	M	Walk	39:56	1 Walk M 50-59
74.	41	Bill Heberle	59	M	Walk	40:38	2 Walk M 50-59
75.	80	Katerina Kalugina	52	F	Run	41:10	7 Run F 50-59
76.	8	Christina Morian	57	F	Run	41:56	8 Run F 50-59
77.	128	Becca Kint	32	F	Walk	42:31	1 Walk F 30-39
78.	12	Debbie Jungmeyer	60	F	Walk	42:31	1 Walk F 60+
79.	44	Faith Hinrichs	13	F	Walk	43:08	1 Walk F 13-16
80.	22	Brittany Vaughn	29	F	Walk	43:13	1 Walk F 21-29
81.	123	Jason Hughes	40	M	Walk	43:26	1 Walk M 40-49
82.	136	Iver Antonio	23	M	Walk	43:35	1 Walk M 21-29
83.	61	Ria Newcomb	33	F	Run	43:54	3 Run F 30-39
84.	62	Sarah Lempea	34	F	Run	43:54	4 Run F 30-39
85.	23	Rhonda Walden	51	F	Walk	43:57	1 Walk F 50-59
86.	134	Roxy Antonio	44	F	Walk	45:37	1 Walk F 40-49
87.	19	Chad Pond	43	M	Run	45:47	8 Run M 40-49
88.	11	Lori Graham	39	F	Run	45:47	5 Run F 30-39
89.	50	Anna Plume	10	F	Walk	47:04	1 Walk F 01-12
90.	51	Beth Plume	41	F	Walk	47:14	2 Walk F 40-49
91.	53	Travis Plume	41	M	Walk	47:14	2 Walk M 40-49
92.	21	Drew Vaughn	34	M	Walk	47:41	1 Walk M 30-39
93.	130	Ryan Hoff	39	M	Walk	48:59	2 Walk M 30-39
94.	127	Susan Husting	54	F	Walk	48:59	2 Walk F 50-59
95.	140	Bruce Riegel	40	M	Run	49:38	9 Run M 40-49
96.	142	Holly Nienhaus	33	F	Run	49:38	6 Run F 30-39
97.	141	Jason Dunn	40	M	Walk	49:38	3 Walk M 40-49
98.	4	Krystal Haines	31	F	Walk	50:11	2 Walk F 30-39
99.	5	Sabrina Haines	50	F	Walk	50:19	3 Walk F 50-59
100.	31	Mitchell LeCuru	42	M	Walk	50:25	4 Walk M 40-49
101.	125	Matt Fenton	41	M	Walk	50:25	5 Walk M 40-49
102.	34	Amber Smart	27	F	Walk	50:33	2 Walk F 21-29
103.	137	Shirley Schulte	59	F	Walk	50:51	4 Walk F 50-59
104.	135	Layla Miller	8	F	Walk	50:52	2 Walk F 01-12
105.	131	Kathleen Miller	37	F	Walk	51:35	3 Walk F 30-39
106.	111	Cheryl Schreiman	52	F	Walk	52:04	5 Walk F 50-59
107.	77	Nina Kiekhaefer	59	F	Walk	52:16	6 Walk F 50-59

Kyle's Summer Classic 5K
 West Edgewood Drive, Jefferson City
 July 21, 2018

Place Overall	Bib #	Name	Age	M/F	Division	Time	Age Group Place
108.	78	Taylor Schafer	25	F	Walk	52:16	3 Walk F 21-29
109.	133	Marc Miller	40	M	Walk	52:22	6 Walk M 40-49
110.	48	Eric Jourdon	39	M	Walk	52:22	3 Walk M 30-39
111.	112	Justin Stuffer	49	M	Walk	52:25	7 Walk M 40-49
112.	88	Nathan Vizner	18	M	Walk	52:30	1 Walk M 17-20
113.	57	Karen Wisch	53	F	Run	52:30	9 Run F 50-59
114.	58	Katie Wisch	31	F	Run	52:36	7 Run F 30-39
115.	56	Julie Wisch	29	F	Run	52:36	3 Run F 21-29
116.	86	Christa Vizner	47	F	Walk	52:38	3 Walk F 40-49
117.	87	John Vizner	48	M	Walk	52:38	8 Walk M 40-49
118.	89	Sarah Vizner	16	F	Walk	53:41	2 Walk F 13-16
119.	85	Jennifer Vizner	20	F	Walk	53:41	1 Walk F 17-20
120.	118	Linda Clark	52	F	Walk	53:54	7 Walk F 50-59
121.	90	John Steinmeyer	54	M	Walk	57:00	3 Walk M 50-59
122.	81	Scott Fuhrman	54	M	Walk	57:00	4 Walk M 50-59
123.	82	Elizabeth Fuhrman	50	F	Walk	57:01	8 Walk F 50-59
124.	45	Clare Jorgenson	8	F	Walk	57:24	3 Walk F 01-12
125.	95	Sarah Jorgenson	32	F	Walk	57:25	4 Walk F 30-39
126.	46	Matt Jorgenson	35	M	Walk	57:26	4 Walk M 30-39
127.	108	Lisa Garritano	49	F	Walk	57:49	4 Walk F 40-49
128.	10	Jeannie Dates	71	F	Walk	63:48	2 Walk F 60+
129.	72	Mike Beneke	50	M	Walk	66:21	5 Walk M 50-59



We are having a Stephen's Squad meeting on August 4th at 9 AM at the Governor's Garden, 101 Jefferson Street, JCMO. This meeting will include a walkthrough of the set up for "race day" and volunteer assignments.

I am sharing this information in case you would like to attend.

Regards,
 Roxy Van Pool
 Volunteer Race Director
 Stephen Siller Tunnel to Towers Foundation
jeffersoncity@tunnel2towers.org
 573-690-3078

Mother's Day 5K
North Jefferson City
May 12, 2018

Place OA	Bib #	Name	Time	Age	M/F	Age Group	Div	Age Group Place
1.	516	Braden Voss	0:21:42	14	M	11-14	Run	1st OA M
2.	496	Garrett Scheulen	0:24:08	14	M	11-14	Run	1
3.	517	Colin Voss	0:24:15	12	M	11-14	Run	2
4.	467	Brenda Morris	0:24:35	50	F	50-59	Run	1st OA F
5.	404	Tyler Bartimus	0:24:48	31	M	30-39	Run	1
6.	434	Kathleen Frese	0:26:13	50	F	50-59	Run	1
7.	521	Michele Wittkop	0:26:17	26	F	20-29	Run	1
8.	421	Rebecca Burton	0:27:16	26	F	20-29	Run	2
9.	420	Alloch Burton	0:27:17	26	M	20-29	Run	1
10.	483	Mariah Radmacher	0:27:17	16	F	15-19	Run	1
11.	441	Steven Harper	0:27:35	52	M	50-59	Run	1
12.	482	Lori Radmacher	0:27:40	36	F	30-39	Run	1
13.	522	Adrienne Wieberg	0:27:45	28	F	20-29	Run	3
14.	461	Jeffrey Maynard	0:28:00	61	M	60-69	Run	1
15.	508	Peggy Taylor	0:28:10	48	F	40-49	Run	1
16.	504	Jaxon Sneller	0:28:38	10	M	01-10	Run	1
17.	489	Debbie Rosslan	0:29:12	50	F	50-59	Run	2
18.	479	Amy Potts	0:29:27	56	F	50-59	Run	3
19.	503	Jason Sneller	0:29:43	36	M	30-39	Run	2
20.	484	Wyatt Reinkemeyer	0:30:27	12	M	11-14	Run	3
21.	497	Robin Schulte	0:30:28	39	F	30-39	Run	2
22.	457	Stacy Maasen	0:30:52	34	F	30-39	Run	3
23.	495	Theresa Scheulen	0:31:57	45	F	40-49	Run	2
24.	528	Elaine Foster	0:32:17	66	F	60-69	Run	1
25.	493	Sylvia Sabala	0:32:48	49	F	40-49	Run	3
26.	440	Katy Hannah	0:33:00	40	F	40-49	Run	4
27.	438	Vinny Groene	0:33:22	65	F	60-69	Run	2
28.	449	Jim Johnson	0:34:01	79	M	70+	Run	1
29.	539	Sharon Shaefer	0:34:13	65	F	60-69	Run	3
30.	415	Julie Branch	0:34:24	58	F	50-59	Run	4
31.	530	Bailey Diehl	0:34:25	19	F	15-19	Run	2
32.	529	Christy Diehl	0:34:25	47	F	40-49	Run	5
33.	417	Claudia Browner	0:34:52	52	F	50-59	Run	5
34.	540	Dawn Veit	0:36:29	35	F	30-39	Run	4
35.	429	Shannon Fewens	0:37:18	29	F	20-29	Run	4
36.	525	Ashley Wright	0:37:24	28	F	20-29	Run	5
37.	538	Matt Fleming	0:39:20	38	M	30-39	Walk	1
38.	536	Rylee Rackers	0:39:24	19	F	15-19	Walk	1
39.	541	Alicia Parks	0:40:18	37	F	30-39	Walk	1
40.	422	Tammie Busch	0:40:40	50	F	50-59	Run	6
41.	423	Jim Busch	0:40:42	49	M	40-49	Run	1
42.	431	Amy Findley	0:41:32	40	F	40-49	Run	6
43.	515	Debbie Vieth	0:42:02	66	F	60-69	Walk	1
44.	428	Megan Dierking	0:43:07	12	F	11-14	Run	1
45.	452	Kari Kemna	0:43:07	11	F	11-14	Run	2
46.	430	Angie Fieseler	0:44:51	36	F	30-39	Run	5
47.	527	Kate Smith	0:45:05	49	F	40-49	Walk	1
48.	514	Brittany Vaughn	0:46:17	29	F	20-29	Walk	1
49.	518	Rhonda Walden	0:46:19	50	F	50-59	Walk	1
50.	466	Christina Morian	0:46:57	57	F	50-59	Run	7
51.	443	Gina Henley	0:47:53	51	F	50-59	Run	8
52.	509	Colette Tellman	0:48:36	60	F	60-69	Walk	2
53.	506	Aaron Stalter	0:48:45	31	M	30-39	Walk	2
54.	491	JoAnn Rudroff	0:49:06	58	F	50-59	Walk	2

Mother's Day 5K
 North Jefferson City
 May 12, 2018

Place OA	Bib #	Name	Time	Age	M/F	Age Group	Div	Age Group Place
55.	465	Michelle Merrell	0:49:41	49	F	40-49	Walk	2
56.	433	Jeana Freeman	0:49:41	52	F	50-59	Walk	3
57.	502	Amber Smart	0:49:52	27	F	20-29	Walk	2
58.	498	Shirley Schulte	0:49:52	59	F	50-59	Walk	4
59.	476	Elsa Oestreich	0:50:00	25	F	20-29	Walk	3
60.	446	Michelle Hughley	0:50:00	61	F	60-69	Walk	3
61.	402	Hailie Acton	0:50:04	18	F	15-19	Run	3
62.	439	Megan Guse	0:50:04	36	F	30-39	Run	6
63.	425	Riley Butler	0:50:50	23	F	20-29	Walk	4
64.	492	Mark Rush	0:51:33	49	M	40-49	Walk	1
65.	424	Jennifer Butler	0:51:45	50	F	50-59	Walk	5
66.	500	Morgan Schumer	0:52:01	24	F	20-29	Walk	5
67.	478	Scottie Owens	0:52:05	26	M	20-29	Walk	1
68.	450	Dan Kemna	0:52:41	45	M	40-49	Run	2
69.	451	Diane Kemna	0:52:41	44	F	40-49	Run	7
70.	409	Jon Beetem	0:53:13	59	M	50-59	Walk	1
71.	542	Anna Holt	0:53:34	38	F	30-39	Walk	2
72.	436	Maggie Glick	0:53:39	42	F	40-49	Walk	3
73.	456	Lisa LeMaster	0:54:41	56	F	50-59	Run	9
74.	535	Crison Nichols	0:55:13	44	M	40-49	Walk	2
75.	453	Sheila Kliethermes	0:55:14	57	F	50-59	Walk	6
76.	537	Shelly Rackers	0:55:14	50	F	50-59	Walk	7
77.	463	Rhegan McKinney	0:55:20	16	F	15-19	Run	4
78.	401	Arlena Acton	0:55:28	53	F	50-59	Run	10
79.	447	Zoe Hughley	0:55:28	25	F	20-29	Walk	6
80.	464	Diana Mengwasser	0:55:35	57	F	50-59	Walk	8
81.	418	Lori Bruemmer	0:55:36	65	F	60-69	Walk	4
82.	494	Gerrie Schaefer	0:55:36	61	F	60-69	Walk	5
83.	405	Cole Basinger	0:55:38	27	M	20-29	Walk	2
84.	407	Lantle Basinger	0:55:38	62	M	60-69	Walk	1
85.	432	Kathryn Frank	0:55:39	28	F	20-29	Walk	7
86.	473	Martha Nunley	0:55:39	52	F	50-59	Walk	9
87.	531	Aaron Frank	0:55:41	32	M	30-39	Walk	3
88.	474	Louis Nunley	0:55:41	55	M	50-59	Walk	2
89.	419	Tammy Burlbaw	0:55:45	53	F	50-59	Run	11
90.	427	Marla Day	0:55:46	53	F	50-59	Walk	10
91.	481	Mary Rackers	0:55:50	52	F	50-59	Walk	11
92.	507	Julie Sullivan	0:55:50	57	F	50-59	Walk	12
93.	475	Ashley Nuttle	0:56:02	24	F	20-29	Walk	8
94.	406	Jordan Basinger	0:56:09	27	M	20-29	Walk	3
95.	501	Samantha Shaul	0:56:12	35	F	30-39	Walk	3
96.	480	Sheri Prewett	0:56:12	58	F	50-59	Walk	13
97.	455	Samantha Lederle	0:56:14	22	F	20-29	Walk	9
98.	460	Anna Massman	0:56:46	19	F	15-19	Run	5
99.	487	Eli Reinkemeyer	0:56:46	8	M	01-10	Walk	1
100.	459	Emily Massman	0:56:47	19	F	15-19	Run	6
101.	524	Angel Woehr	0:56:47	13	F	11-14	Walk	1
102.	499	Casey Schulte	0:58:00	36	F	30-39	Walk	4
103.	510	Trish Tellman	0:58:01	45	F	40-49	Walk	4
104.	532	Debbie Libbert	0:58:11	63	F	60-69	Walk	6
105.	533	Norbert Veit	0:58:12	66	M	60-69	Walk	2
106.	410	Jane Beetem	1:00:41	58	F	50-59	Walk	14
107.	488	Meghan Rodriguez	1:00:54	45	F	40-49	Walk	5
108.	490	Sidney Rotter	1:00:56	22	F	20-29	Walk	10
109.	403	Jennie Ames	1:00:57	71	F	70+	Walk	1

Mother's Day 5K
North Jefferson City
May 12, 2018

Place OA	Bib #	Name	Time	Age	M/F	Age Group	Div	Age Group Place
110.	458	Nancy Massman	1:04:06	48	F	40-49	Run	8
111.	523	Hen Woehr	1:04:20	39	F	30-39	Walk	5
112.	520	Sue Wilson	1:04:20	65	F	60-69	Walk	7
113.	426	Jeannie Dates	1:07:38	70	F	70+	Walk	2
114.	437	Kit Glover	1:07:48	64	F	60-69	Walk	8
115.	445	Becky Houf	1:07:48	61	F	60-69	Walk	9
116.	448	Gina Jacobs	1:07:50	57	F	50-59	Walk	15

JCRRC MEMBERSHIP

To join or renew, please complete the form below and send to Jefferson City Road Runners, P O Box 7042, Jefferson City, MO 65102, along with your check for \$15.00 made payable to the Jefferson City Road Runners. We'll see that you and your family are added to the member list, which can be found on the website. If you have any questions, contact karen@runjeffcity.org.

Membership Form

Jefferson City Road Runners Club
PO Box 7042, Jefferson City MO 65102

Name:

(First)

(Last)

Family Members:

Address:

Phone:

(Home)

(Cell) (Work)

E-Mail Address:

Annual Dues \$15.00 (Newsletter via e-mail)

Dues: Membership dues of \$15.00 per year cover your entire family. We do not have on-line registration and payment.

Note:

Your contributions to the newsletter are always welcome. We love to hear about the running adventures of our members.

If you paid your dues for 2018 and do not see your name on the members web page, please let us know. Here is a link to the member's page: <http://www.runjeffcity.org/members/>

Thank You!

2018 RACE CALENDAR
LOCAL RACES IN AND AROUND JEFFERSON CITY

Date	Time	Race	Place	Contact / More Info
08/11	5:30p	Kicks in the Sticks 1.2, 3.5, and 7.5 miles	Binder Park	http://kicksinthesticks.com/2018Registration.pdf
08/25	9:00	Prison Break 5+ Mile Run with Obstacles	Missouri State Penitentiary, 115 Lafayette Street	Prison Break
09/08	8:00	Red Dress River Run 5K / 10K	North Jefferson City Pavilion	Red Dress River Run
09/15	7:30	Ozark Ham and Turkey Festival 5K	California, MO	http://calmo.com/5k-walk-run-2/
09/15	9:00	3 rd Annual Stephen Siller Tunnel to Towers 5K Run/Walk	Missouri Governor's Garden, 101 Jefferson Street	Tunnel to Towers
10/06	8:00	Catch Me If You Can, Jefferson City Renegades 5K and 1 Mile Run / Walk	Vivion Field, Washington Park, Jefferson City	jeffcityrenegades 5k-run
10/13	8:00	Adventuremax Run Half Marathon and 10K Trail Race	Springfield, MO	http://ultramaxsports.com/races/adventuremax/
11/03	9:00	Run With the Angels 5K	Jefferson City, MO	kennyandsusan@gmail.com
11/22	8:30	Thanksgiving Day Pie Run 5K, 10K Runs and 5K Walk	810 Sandstone, North Jefferson City, MO	Pie Run 2018
11/22	8:30	Turkey Trax 5K	7 th and Cherry Streets, Columbia, MO	http://ultramaxsports.com/races/turkeytraxrun/

Bold blue type denotes JCRR point series race.

All times are a.m. unless indicated.

Make sure to double-check race date, time and place!

For more races, please see the [JCRR Calendar](#) as events are added weekly.

2018 RACE SERIES (THROUGH THE LUCK OF THE IRISH 5K)

Youth (<19)	Total	1	2
Rowynn Steiner	10	0	10
Harrison Miller	10	0	10
Open (19-29)	Total	1	2
Nicole Dudenhoeffer	10	0	10
Thirty something (30-39)	Total	1	2
Erin Graham	10	0	10
Rita Steiner	8	0	8
Nicholas Wagner	20	10	10
Brandon Johns	8	0	8
Masters (40-49)	Total	1	2
Kathy Frese	10	0	10
Stephanie Borgmeyer	8	0	8
Experienced Masters (50-59)	Total	1	2
Julie Miller	10	0	10
Brenda Morris	8	0	8
Karen Backes	6	0	6
Coleen Moses	5	0	5
Kateryna Kalugina	4	0	4
Dottie Ruettgers	3	0	3
Valerly Kalugin	10	10	0
Dana Frese	10	0	10
Mark Ragland	8	0	8
Dennis Harden	6	0	6

If you see any errors in the race series standings, please email Karen@runjeffcity.org.

2018 Jefferson City Road Runners Race Series Races

Here are the races in the 2018 Race Series. The race details will be posted on our website and in the newsletter as race directors confirm dates and times. The races in the race series may change based on the Commissioner's determination of the availability of results and other factors. We will fill in the dates below as series races are confirmed.

#	Race	2018 Date
1	Ring in the New Year Mile	01/01
2	Luck of the Irish 5K	03/17
3	Spring Fling 5K	04/21
4	Little Box of Sunshine Walk, Run and Roll 5K	04/28
5	Rock n Roll 5K (formerly the Cinco de Mayo 5K)	05/05
6	Mother's Day 5K	05/12
7	Happy Feet for Health Minds 5K /1 mile Walk	05/19
8	Run 4 Justice Break the Chains of Human Trafficking 5K	06/02
9	Firecracker Mile	07/04
10	Kyle's Summer Classic 5K	07/21
11	Ozark Ham and Turkey 5K	09/15
12	Helias Homecoming 5K	
13	Zonta 5K	
14	Thanksgiving Day Pie Run 10K	11/22
15	Thanksgiving Day Pie Run 5K	11/22

Historically the Mother's Day Race was women only. Since that restriction has not been in effect for many years, we are going to change and starting in 2018 include men in the race series for this race.