

Jeff City Road Runners

We Run This Town.

June 2018 Newsletter

President – John Weghorst

Treasurer – Stuart Huddleston

Vice President – Nicholas Wagner

Newsletter – Gary Fogelbach

Website: <http://www.runjeffcity.org> – Karen Wisch – karen@runjeffcity.org



JCRR Race Series 2018

July 4, 2018	Firecracker Mile	West Edgewood Drive
July 21, 2018	Kyle's Summer Classic	West Edgewood Drive

Please follow the links on the [JCRR Race Calendar](#) for more information on other races in the area.

June 23, 2018 at 8:00 a.m. (Registration 7:00 a.m. or in advance)

Tebbetts Picnic 1st Annual Travel the Gravel 5k Fun Run/Walk

This is a free event. You pay only \$10 for a t-shirt if you want one and preorder.

No age divisions, no medals.

Check the website for more information.

[Travel the Gravel](#)

Little Box of Sunshine Walk, Run and Roll 5K

West Edgewood Drive, Jefferson City

April 28, 2018

Place	Bib#	Name	Age	M/F	Div	Time	Age Group	Age Grp Place
1.	407	Tony Hicks	38	M	R	18:30	30-39	1st M
2.	414	Payton Kirchhoff	14	M	R	19:33	13-15	1
3.	439	Alexa Lamb	14	F	R	20:22	13-15	1st F
4.	362	Corey Schoenberg	43	M	R	22:22	40-49	1
5.	364	Kati Schoenberg	15	F	R	22:23	13-15	1
6.	424	Grace Scott	17	F	R	22:24	16-19	1
7.	301	Justin Carver	41	M	R	22:59	40-49	2
8.	434	Nick Price	29	M	R	23:25	20-29	1
9.	368	Sarah Groene	12	F	R	23:36	12 & Under	1
10.	410	Austin Thomas	12	M	R	23:51	12 & Under	1
11.	396	Craig Rehagen	43	M	R	24:50	40-49	3
12.	307	David Neighbors	62	M	R	25:25	60-69	1
13.	438	Dean Lamb	37	M	R	26:38	30-39	1
14.	379	Sarah Rau	41	F	R	27:07	40-49	1
15.	313	Jeff Maynard	61	M	R	27:08	60-69	2
16.	435	Gary Wilbers	50	M	R	27:57	50-59	1
17.	350	Amy Potts	56	F	R	28:35	50-59	1
18.	349	Bill Gerling	72	M	R	28:40	70+	1
19.	305	Ben Maschmann	10	M	R	28:56	12 & Under	2
20.	433	Brian Price	61	M	R	29:16	60-69	3
21.	427	Debbie Rosslan	50	F	R	29:17	50-59	2
22.	416	Sophie Wright	9	F	R	30:38	12 & Under	2
23.	437	Aubrey Kempker	9	F	R	31:23	12 & Under	3
24.	367	Venny Groene	65	F	R	31:39	60-69	1
25.	304	Shauna Maschmann	40	F	R	31:47	40-49	2
26.	425	Elaine Foster	66	F	R	31:50	60-69	2
27.	316	Sammi Yemm	12	F	R	32:31	12 & Under	4
28.	360	Boston Schroer	6	M	R	33:15	12 & Under	3
29.	394	Ashley Fick	33	F	R	33:42	30-39	1
30.	395	Karen Reinkemeyer	50	F	R	33:44	50-59	3
31.	436	Star Flores	34	F	R	34:58	30-39	2
32.	366	Shannon Fewins	29	F	R	36:10	20-29	1
33.	343	Carson Kienzler	12	M	R	36:25	12 & Under	4
34.	354	Dan Joyce	64	M	R	37:41	60-69	4
35.	334	Jacob Schroll	12	M	W	38:37	12 & Under	1
36.	422	Lisa Hiatte	36	F	R	38:54	30-39	3
37.	423	Lacey Hiatte	38	F	R	38:55	30-39	4
38.	400	Nola Borgmeyer	11	F	R	40:18	12 & Under	5
39.	413	Alathea Peters	12	F	R	40:37	12 & Under	6
40.	312	Rebecca Maynard	58	F	R	41:05	50-59	4
41.	325	Quinn Prouty	12	F	W	41:09	12 & Under	1
42.	318	Iris Allen	12	F	W	41:10	12 & Under	2
43.	446	Ryan Maschmann	7	M	R	42:30	12 & Under	5
44.	359	Shannon Schroer	41	F	R	42:35	40-49	3
45.	345	Journey Mohn	11	F	R	42:39	12 & Under	7
46.	398	Coleen Moses	58	F	W	43:06	50-59	1
47.	399	Stephanie Borgmeyer	40	F	W	43:06	40-49	1
48.	405	Debbie Shipley	62	F	W	44:28	60-69	1
49.	387	Alyssa Scherr	9	F	W	44:29	12 & Under	3
50.	386	Addyson Scherr	9	F	W	44:30	12 & Under	4
51.	306	Jeanann Neighbors	61	F	W	44:34	60-69	2
52.	311	Julia Hunt	47	F	W	45:04	40-49	2
53.	346	Mila Snowert	11	F	R	46:35	12 & Under	8
54.	429	Leigh Griffith	66	F	R	47:00	60-69	3

Little Box of Sunshine Walk, Run and Roll 5K

West Edgewood Drive, Jefferson City

April 28, 2018

Place	Bib#	Name	Age	M/F	Div	Time	Age Group	Age Grp Place
55.	430	Kellen Griffith	55	M	W	47:10	50-59	1
56.	390	Erin McGrath	43	M	W	47:16	40-49	1
57.	391	Amanda Schulte	33	F	W	47:17	30-39	1
58.	302	Dennis Gragg	64	M	W	47:18	60-69	1
59.	385	Lauren Shipley	34	F	W	47:38	30-39	2
60.	315	Jessica Ratemann	11	F	W	48:10	12 & Under	5
61.	321	McKenzie Atkinson	12	F	R	48:12	12 & Under	9
62.	420	Connie Bruns	45	F	W	49:09	40-49	3
63.	326	Parker Hart	11	F	R	49:13	12 & Under	10
64.	421	Terry Bruns	52	M	W	49:13	50-59	2
65.	397	Jill Rehagen	41	F	W	49:13	40-49	4
66.	365	Avery Schoenberg	11	F	R	49:18	12 & Under	11
67.	363	Carey Schoenberg	41	F	W	49:20	40-49	5
68.	378	Jess Meller	8	M	W	49:21	12 & Under	2
69.	357	Tommy Simpson	6	M	W	50:26	12 & Under	3
70.	355	Rob Simpson	45	M	W	50:27	40-49	2
71.	330	Carrie Maschmann	12	F	W	50:38	12 & Under	6
72.	329	Anna Meister	12	F	W	50:34	12 & Under	7
73.	444	Bernie Kaminski	47	M	W	51:19	40-49	3
74.	370	Ginger Schroer	51	F	W	51:19	50-59	2
75.	371	Stacy Boeckelman	56	F	W	51:49	50-59	3
76.	369	Lanette Schroer	52	F	W	51:49	50-59	4
77.	403	Sheila Hurst	54	F	W	51:50	50-59	5
78.	308	Maggie Glick	42	F	W	51:50	40-49	6
79.	431	Tim Maschmann	60	M	W	51:54	60-69	2
80.	432	Carol Maschmann	54	F	W	52:02	50-59	6
81.	443	Gaylin Carver	49	F	W	52:02	40-49	7
82.	352	Tyler Hines	24	M	R	52:02	20-29	2
83.	351	Rachel Owens	44	F	W	52:02	40-49	8
84.	417	Larry Henry	41	M	W	52:07	40-49	4
85.	402	Rebecca Hurst	36	F	W	52:08	30-39	3
86.	342	Mackenzie Burch-Guthrie	11	F	W	52:22	12 & Under	8
87.	314	Adam Spree	12	M	W	52:32	12 & Under	4
88.	323	Sophia Williams	11	F	W	52:44	12 & Under	9
89.	317	Lily Iffland	12	F	W	52:48	12 & Under	10
90.	404	Butch Shipley	62	M	W	52:49	60-69	3
91.	442	Pam Rich	70	F	W	53:26	70+	1
92.	374	Jon Beetem	58	M	W	54:14	50-59	3
93.	377	Maddox Meller	12	M	W	54:14	12 & Under	5
94.	328	Mark Meller	41	M	R	54:15	40-49	4
95.	327	Caleb Meller	12	M	R	55:27	12 & Under	6
96.	376	Kelli Meller	37	F	W	55:28	30-39	4
97.	344	Beth Mohn	41	F	W	55:39	40-49	9
98.	401	Kristy Russell	35	F	W	55:49	30-39	5
99.	440	Tracie Dwayne	31	F	W	55:50	30-39	6
100.	322	Oksana Williams	40	F	W	56:49	40-49	10
101.	375	Jane Beetem	58	F	W	59:15	50-59	7
102.	333	Leo Fitzmaurice	11	M	W	59:18	12 & Under	6
103.	319	Ella Clark	11	F	W	59:23	12 & Under	11
104.	353	Pat Joyce	62	F	W	59:18	60-69	3
105.	383	Eddie Mulholland	60	M	W	59:52	60-69	4
106.	428	Dave Griffith	69	M	W	59:52	60-69	5
107.	382	Ann Mulholland	59	F	W	1:00:14	50-59	8
108.	347	Jennifer Syrett	63	F	W	1:00:15	60-69	4
109.	336	Mary McDaniel	56	F	W	1:00:16	50-59	9

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West Edgewood Drive, Jefferson City

April 28, 2018

Place	Bib#	Name	Age	M/F	Div	Time	Age Group	Age Grp Place
110.	411	Ellie Schraut	11	F	W	1:02:25	12 & Under	12
111.	335	Ruth McDaniel	12	F	W	1:02:26	12 & Under	13
112.	337	Alex Keating	12	M	W	1:03:04	12 & Under	7
113.	338	Erica Keating	41	F	W	1:03:05	40-49	11
114.	441	Savannah Brown	7	F	W	1:03:21	12 & Under	14
115.	309	Stella Crane	8	F	W	1:03:21	12 & Under	15
116.	310	D'Arcy Crane	43	F	W	1:03:22	40-49	12
117.	331	Lauren Maschmann	39	F	W	1:09:40	30-39	7
118.	324	Sebastien Dylan Kasena	11	M	W	1:10:26	12 & Under	8
119.	372	Julie Bange	47	F	W	1:11:34	40-49	13
120.	373	Hannah Bange	16	F	W	1:11:35	16-19	1
121.	332	Julia DeWeese	12	F	W	1:23:05	12 & Under	16

Breaking the Chains 5K Run Walk

Linn City Park

June 2, 2018

Place	Bib#	Name	Age	Time	Age Group	Age Group Place	Div
1	145	Reinkemeyer, John	59	22:53.94	Men 50+	1	Run
2	133	Oidtman, Michael	47	25:08.65	Men 31-49	1	Run
3	151	Odom, Amber	25	27:05.48	Women 19-30	1	Run
4	132	Oidtman, Lara	47	28:00.73	Women 31-49	1	Run
5	154	Collins, Lucas	11	29:10.19	Men 18 & Under	1	Run
6	150	Yutzy, Thomas	22	31:52.53	Men 19-30	1	Run
7	147	Probst, Luke	27	32:05.32	Men 19-30	2	Run
8	131	Lee, Roxie	42	32:20.20	Women 31-49	2	Run
9	139	Billington, Dan	58	32:38.45	Men 50+	2	Run
10	138	Billington, Beth	52	33:18.36	Women 50+	1	Run
11	140	Gerling, Bill	74	34:05.25	Men 50+	3	Run
12	141	Groene, Venny	65	35:44.59	Women 50+	2	Run
13	129	Heywood, Amber	35	39:09.74	Women 31-49	3	Run
14	134	Perrey, Ashley	33	42:54.36	Women 31-49	4	Run
15	135	Philbert, Brad	43	43:17.57	Men 31-49	2	Run
16	136	Quinn, Jill	41	52:44.50	Women 31-49	1	Walk
17	148	Steen, Tiffany	37	54:24.75	Women 31-49	2	Walk
18	122	Branson, Gabe	10	55:31.83	Men 18 & Under	1	Walk
19	152	Bridges, Karla	40	57:02.74	Women 31-49	3	Walk
20	153	Bridges, Justin	43	57:03.01	Men 31-49	1	Walk
21	137	Applegate, Lisa	56	57:14.94	Women 50+	1	Walk
22	142	Mealer, Mary	53	1:00:25.00	Women 50+	2	Walk
23	144	Odom, Sharon	56	1:00:47.00	Women 50+	3	Walk

JCRRRC MEMBERSHIP

To join or renew, please complete the form below and send to Jefferson City Road Runners, P O Box 7042, Jefferson City, MO 65102, along with your check for \$15.00 made payable to the Jefferson City Road Runners. We'll see that you and your family are added to the member list, which can be found on the website. If you have any questions, contact karen@runjeffcity.org.

Membership Form

Jefferson City Road Runners Club
PO Box 7042, Jefferson City MO 65102

Name:

(First)

(Last)

Family Members:

Address:

Phone:

(Home)

(Cell) (Work)

E-Mail Address:

Annual Dues \$15.00 (Newsletter via e-mail)

Dues: Membership dues of \$15.00 per year cover your entire family. We do not have on-line registration and payment.

Note:

Your contributions to the newsletter are always welcome. We love to hear about the running adventures of our members.

If you paid your dues for 2018 and do not see your name on the members web page, please let us know. Here is a link to the member's page: <http://www.runjeffcity.org/members/>

Thank You!

2018 RACE CALENDAR
LOCAL RACES IN AND AROUND JEFFERSON CITY

Date	Time	Race	Place	Contact / More Info
06/02	9:00	Run 4 Justice – Break the Chains of Human Trafficking 5K	Linn, MO City Park behind baseball field near Highway 50	Run 4 Justice
06/02	7:30	ABC Run the Good Race 5K / 10K	Ashland Baptist Church	ABC Run the Good Race
06/09	7:00	Eldon Rock Island Road Race 10K and 15K	Rock Island Park in Eldon (E 8 th St)	Eldon Rock Island Road Race
06/10	7:00	Jefferson City Triathlon, Duathlon & Team Relay: The Great Escape	Ellis Porter Riverside Park Jefferson City	https://www.jcmotri.com/home.html
06/23	8:00	Tebbetts Picnic 1 st Annual Travel the Gravel 5K Fun Run / Walk	12039 Co Rd 485, Tebbetts, MO	https://www.tebbetts.org/5k
006/23	8:30	Fulton Street Fair 5K	5th & Court Street, Fulton, MO	http://fultonstreetfair.com/
07/04	8:00	Firecracker Mile	West Edgewood Drive NO SHIRTS! NO MEDALS! NO FEE! Lots of FUN!	FirecrackerMile
07/13	7:30p	Red, White & Green Estates 5K & Fun Run	Mexico, MO	Red White and Green
07/21	8:00	Kyle's Summer Classic	Greenway Parking Lot on West Edgewood Drive	Kyle'sSummerClassic5K
07/29	8:00	Show Me State Games Road Race 5K, 10K	Bethel Park, 4500 Bethel Street, Columbia, MO	https://smsg.org
09/15	7:30	Ozark Ham and Turkey Festival 5K	California, MO	http://calmo.com/5k-walk-run-2/

Bold blue type denotes JCRR point series race.

All times are a.m. unless indicated.

Make sure to double-check race date, time and place!

For more races, please see the [JCRR Calendar](#) as events are added weekly.

2018 RACE SERIES (THROUGH THE LUCK OF THE IRISH 5K)

Youth (<19)	Total	1	2
Rowynn Steiner	10	0	10
Harrison Miller	10	0	10
Open (19-29)	Total	1	2
Nicole Dudenhoeffer	10	0	10
Thirty something (30-39)	Total	1	2
Erin Graham	10	0	10
Rita Steiner	8	0	8
Nicholas Wagner	20	10	10
Brandon Johns	8	0	8
Masters (40-49)	Total	1	2
Kathy Frese	10	0	10
Stephanie Borgmeyer	8	0	8
Experienced Masters (50-59)	Total	1	2
Julie Miller	10	0	10
Brenda Morris	8	0	8
Karen Backes	6	0	6
Coleen Moses	5	0	5
Kateryna Kalugina	4	0	4
Dottie Ruettgers	3	0	3
Valerly Kalugin	10	10	0
Dana Frese	10	0	10
Mark Ragland	8	0	8
Dennis Harden	6	0	6

If you see any errors in the race series standings, please email Karen@runjeffcity.org.

2018 Jefferson City Road Runners Race Series Races

Here are the races in the 2018 Race Series. The race details will be posted on our website and in the newsletter as race directors confirm dates and times. The races in the race series may change based on the Commissioner's determination of the availability of results and other factors. We will fill in the dates below as series races are confirmed.

#	Race	2018 Date
1	Ring in the New Year Mile	01/01
2	Luck of the Irish 5K	03/17
3	Spring Fling 5K	04/21
4	Little Box of Sunshine Walk, Run and Roll 5K	04/28
5	Rock n Roll 5K (formerly the Cinco de Mayo 5K)	05/05
6	Mother's Day 5K	05/12
7	Happy Feet for Health Minds 5K /1 mile Walk	05/19
8	Run 4 Justice Break the Chains of Human Trafficking 5K	06/02
9	Firecracker Mile	07/04
10	Kyle's Summer Classic 5K	07/21
11	Ozark Ham and Turkey 5K	09/15
12	Helias Homecoming 5K	
13	Zonta 5K	
14	Thanksgiving Day Pie Run 10K	11/22
15	Thanksgiving Day Pie Run 5K	11/22

Historically the Mother's Day Race was women only. Since that restriction has not been in effect for many years, we are going to change and starting in 2018 include men in the race series for this race.