



April 29, 2023

Proceeds from this event benefit the Council for Drug Free Youth.

QR Code to Register



TIME SCHEDULE

Registration: 7:00-8:00 a.m. at Cedar City Room, 810 Sandstone St., Jefferson City, MO 65101
Run/Walk begins promptly at 8:00 a.m.

COURSE

4th St to Cedar City Rd to Oilwell Rd. to Katy Trail Spur to Katy Trail to Oilwell Rd to Cedar City Rd to 4th St.
(Same route as Pie Run 5K)
Certification #MO200002MU

ENTRY FEE

Youth (14 & Under): \$20 Earlybird registration through 03/29/2023; \$25 after 03/29/2023
Adult: \$30 Earlybird registration through 03/29/2023; \$35 after 03/29/2023

Make check payable to JCABOR.

Pre-registration is encouraged. Register at the Jefferson City Area Board of REALTORS® office, 1906 Bubba Lane, or go to <https://bit.ly/JCABOR5K2023> to register online.

AWARDS

Given to overall female and male runner. The top three female and male finishers in each age group participating in the 5K Run will receive a medal. First place female and male finisher in 5K Walk receives a medal. All early registrants will receive a commemorative t-shirt. Late registrants will receive shirts as long as supplies last.

RUNNER CLASSES

Female and Male—10 & younger, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & older

*Event held "rain or shine".
For the safety of all involved, no pets.*

PLEASE CHECK ONE: 5K RUN 5K WALK

Name _____
Address _____
City/State/Zip _____
Email Address _____
Daytime Phone _____ Your age as of race day _____ Male Female
T-Shirt Size (Adult only): Small Medium Large XL XXL

WAIVER AND RELEASE OF LIABILITY: Participant (and the Participant's Parents/Guardians, if applicable) understand and acknowledge that, in consideration of the Participant's participation in the 17th ANNUAL 5K RUN/WALK ("Event") sponsored by the Jefferson City Area Board of REALTORS®, Inc. ("Board"), Participant agrees that neither the Board nor other Event sponsors (collectively referred to as "Released Parties") shall be liable for any injury to Participant, or for any damage to, or loss of, Participant's property occurring in connection with the Event, or for any damage or loss suffered by the Participant, from any cause whatsoever, regardless of whether the said damage or injury results from conditions arising upon the property where the Event is held, in connection with the management of the Event, or from other sources. Participant assumes full responsibility for Participant's participation in the Event, including Participant's medical condition and physical ability to participate in the Event, as well as all other risks associated with participation in a run/walk event. Therefore, Participant, for himself/herself and his/her heirs, personal representatives, and assigns, does hereby release and forever discharge Released Parties, their officers, directors, agents, employees, managers, and assigns from any and all claims, demands, causes of action, suits, damages, costs and expenses for any and all losses, personal injuries, pain and suffering or property damage arising out of or occurring in connection with Participant's participation in the Event.

Furthermore, Participant agrees to comply with all rules and regulations governing the Event, and Participant understands and acknowledge that Participant's participation in the Event is expressly conditioned upon such compliance.

I HAVE READ AND FULLY UNDERSTAND THE TERMS AND CONDITIONS OF THIS DOCUMENT. I FURTHER UNDERSTAND THAT, BY SIGNING BELOW, I MAY BE RELEASING AND WAIVING CERTAIN POTENTIAL RIGHTS.

Signature _____ Date _____
(Parent's signature if under 18 years of age).